

## DATES TO REMEMBER

**\*\*Newsletter will be published fortnightly in odd weeks\*\***

**Mondays – Ice blocks for sale**

**PUPIL FREE DAY  
Week 10  
Friday 25<sup>th</sup> September**



**Infants and Primary:  
Monday and Friday**



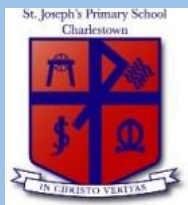
**School Photos  
Term 4 Wednesday  
21<sup>st</sup> October.**

**ALL UNIFORM  
ENQUIRIES:**



**ORDER VIA QKR APP**

**All enquiries to email:  
[chl.uniformshop@mn.catholic.edu.au](mailto:chl.uniformshop@mn.catholic.edu.au)**



# St Joey's News

## 'Truth in Christ'

St Joseph's Catholic Primary School,  
32 Shelton Street, Charlestown NSW 2290  
Ph 02 4943 5414 Fax 02 4942 3218  
Email: [admin@charlestown.catholic.edu.au](mailto:admin@charlestown.catholic.edu.au)  
Website: <https://www.charlestown.catholic.edu.au/>

*We acknowledge the traditional custodians of this land, the Awabakal people.  
We pay our respect to their elders past and present.*



**18<sup>th</sup> September 2020**



Dear Parents and Carers,

The last couple of weeks have been extremely busy with several important activities and events. We participated in **National Child Protection Week** with involvement in a variety of lessons covering protective behaviours and strategies for keeping safe. Classes also joined in *Australia's Biggest Child Safety Lesson* through the Daniel Morcombe Foundation. This involved a child friendly video about keeping safe and telling a trusted person when you do not feel safe. Resources can be found here:

<https://danielmorcombe.com.au/australias-biggest-child-safety-lesson-2/>

Last week our Executive team presented information and data about SIC as part of our **Continuum of School Improvement Cycle (COSI)**. This involved a Self-Review process using documents such as the *National School Improvement Tool* and the *Catholic Identity Improvement Tool* to identify areas for school improvement. We also reviewed the recommendations made from our External Review held 3 years ago, looking at where we have been, what we have accomplished and where to now. We used our academic data, parent survey data and staff data to inform our decisions. Our Executive team presented our report to a panel from the Catholic Schools Office including our Assistant Director, Duilio Rufo, Education Officers and System Improvement Leaders. The outcome was a very positive review with great recommendations and many commendations from the CSO panel. I thank our staff and our Executive team, Karen, Kathryn and Clare for all the work completed in preparation for the review. We are very proud of our beautiful school and look forward to working on our School Improvement Plan and new 3-year Strategic Plan.

The Catholic Schools Office has engaged a new survey platform '**Tell Them From Me Survey**' to gain parents' perceptions of the school's support for learning, positive behaviours, and the promotion of safety and inclusion. Students in Years 4-6 will also participate in the survey during class time. Parents/carers have received a non-consent note to sign and return to the school by 20 September 2020 if they do NOT want their child participating in the survey. The insights we gain into parent and staff communication, activities and practices at home, and parent voice on the school's support of learning, faith formation and behaviour will build an accurate and timely picture that schools can use for practical improvements. The survey is open from **21 September 2020 to 22 October 2020**. More details will be sent on COMPASS. We look forward to the results as we begin to plan for our 2021-2023 Strategic Plan.

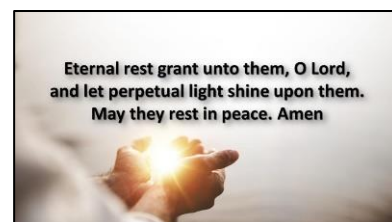


Thank you again to our P & F for organising our **Yumborama** fundraiser. We will receive 15% of sales from all SJC orders during the month of September. The meals are home delivered, the food is delicious, beautifully packaged and ready to heat up. Don't forget to use the affiliate code **SJC2020** when ordering.

Speaking of all things P and F, we had our second meeting via ZOOM on Monday night. While it is a bit different not seeing everyone face to face it does enable us to keep in touch and continue to work together for the benefit of our students. I sincerely thank those involved in our P and F team and encourage everyone to join us for our next meeting.

Last week we received the good news that we have been successful in becoming a GEL - Gifted Education Lead School for 2021. With this comes the allocation of a Gifted Education Mentor, from our staff, who will be given time to act as a 'catalyst' for change, working with teachers to build their awareness of and capacity to identify and provide for gifted students in the school. We are very excited about this initiative and the opportunities it will bring for not only our gifted learners but all students through quality differentiated teaching and learning.

It was with sadness that we were informed of the sudden passing of Illi Soli, grandmother of Aaliyah Soli Year 1 Blue. We keep Aaliyah and her family in our thoughts and prayers during this time.



Please remember our upcoming rescheduled pupil free day:

**WEEK 10 – Friday 25<sup>th</sup> September – COMPULSORY CHILD PROTECTION TRAINING**

Please continue to stay safe and well.

God Bless,  
*Kate Drake*  
Acting Principal

### NEWS FROM THE ASSISTANT PRINCIPAL

#### Fun Athletics Day



Next Thursday (Thursday the 24<sup>th</sup> September) we will have some fun athletics activities here at school.

Students will wear their sports uniform, but they can also wear a t-shirt with their house colour.

We are looking forward to a fun day and will be sure to post lots of great photos to share with our families.

#### Lost Property

If you are missing any items, please encourage your child to check the blue lost property bins before the end of term. We love an empty lost property bin!



#### Kinder 2021

Even though COVID restrictions have required us to change our normal Kinder transition plans we are still making connections with our Kinders for 2021. Year 5 have sent letters to their buddies and posted videos on SEESAW. Next week we will be sending home our Kinder bags with siblings, as well as being available for pick up from the office for our new families.

We have lots of plans for ways we will connect with our new Kinders and their families over the next term as we welcome them to our beautiful community.



**PBL**

Well done to the following students who have received Joey awards this week for **STRIVING HIGH, LIVING LIKE JESUS and CARING FOR THE ENVIRONMENT**. Also, until normal assemblies resume, teachers will now alert parents when children have received a PBL Joey award through SEESAW (K-4) or email (Year 5-6).

### PBL Awards Term 3 Week 9

BRONZE 30	SILVER 60	GOLD 90	PLATINUM 120	MEDAL 150
Charlotte A Emilie D Beau D Alannah M Oscar E. Imogen H	Daly L Emily B Isabella C Elise C Rose G Moeana Lukas Bailie Sofia Lily F Beau G Luca M Sophie W Alexander B Zoe F Liam P Archie W Landon K Maisie D Isla H Oscar E Imogen H Sinead W Ava T	Maxwell L Finn D Alice D Xanthia W Nikki C Maisie D Isla H Harrison S Leo Leo M Anneliese W Hugo Mc Olive H Maxwell L Harry S		

Every place, every time AND with everybody we remember to use our magic words at St Joseph's.



*Have a lovely holiday everyone!*

*Karen Nolan*

*Acting Assistant Principal*

## RELIGIOUS EDUCATION NEWS

On Tuesday the 15<sup>th</sup> September, the Diocese established the first **Perpetual Day of Remembrance** to acknowledge the significant damage caused by abuse within the Diocese. As a staff, we recognised the importance of this day and I have included the prayer below so we may continue to shine the light of Christ on this issue.

### Shine the light of Christ

*God with us, you have made us in your image and filled us with your love.*

*Through the life of Jesus you show us the way to live a good life.*

*Where people are 'put down' may we shine the light of your strength.*

*Where there is dishonesty and denial may we shine the light of your truth.*

*Where there is fear may we shine the light of your courage.*

*Where there is judgement may we shine the light of your compassion.*

*Where there is disrespect may we shine the light of your love.*

*Where people feel silenced may we shine the light of your word.*

*Where people feel excluded may we shine the light of your acceptance.*

*Where there is sin may we shine the light of your forgiveness.*

## BOLT FOR GOLD!

*A local cause close to SJC's heart is holding a fundraiser on Saturday, September 26, which is **DIPG awareness day**.*

*While not a school event, you may be interested in getting your running shoes on for a good cause, or sponsoring those who do.*

RUNDIPG has partnered with Bolt For Gold to provide a virtual running series for our supporters, while running festivals and marathons are on hold.

The app enables everyone to have fun running while raising funds for RUNDIPG and our research. We encourage all our supporters to get involved by downloading Bolt For Gold from the app store or at this link <https://boltforgoldapp.page.link/2PC6Cy8WASR1eeGF9>.

Bolt For Gold and RUNDIPG are helping people stay active and support a great charitable cause.

Many Blessings,

*Clare Paff*

*Religious Education Coordinator*





## NEWS FROM THE PRIMARY COORDINATOR

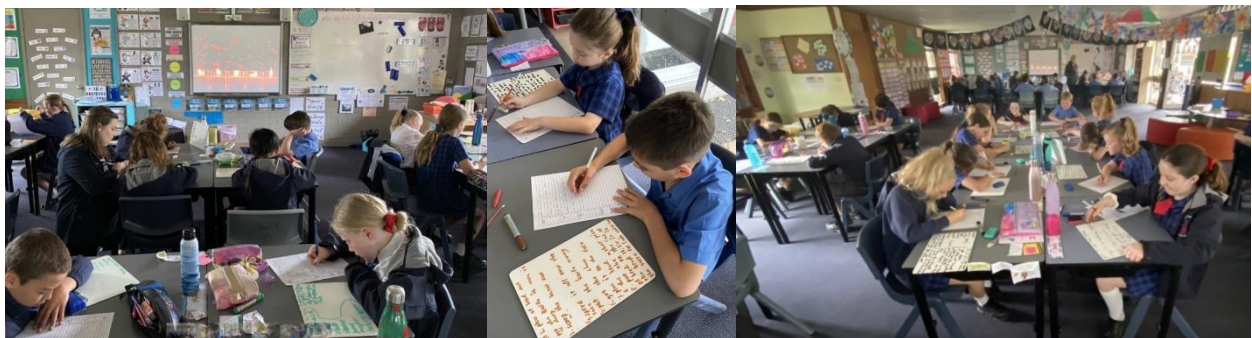


Want to give your children a major learning advantage? (Of course! Who doesn't?!)  
Here's how.....Help them build their vocabulary!

Try these classroom-tested vocabulary building tips with your kids at home:

1. Notice new words when you're reading or listening. Talk about the importance of a large vocabulary and make an effort to learn new words.
2. Talk about what to do when we discover unknown words. (Hint: Don't just skip them.) Try using context clues or use another resource to find the meaning.
3. But focus on kid-friendly definitions and examples of new words rather than complicated dictionary-style definitions. (Note to parents and teachers: Please don't make kids look up long lists of words in the dictionary and copy long definitions. I remember doing that monotonous task as a kid, and it did NOT inspire a love of vocabulary.)
4. Keep track of the words you know. List them. Categorise them. Play games with them. Revisit them. Kids often need multiple exposures to words in order to really learn them.
5. Focus on learning the right kinds of words. Pick words that are more complex or descriptive versions of common words that kids already know. (For example, descriptive adjectives and verbs.) Also, focus on technical words kids need in order to understand a concept or a task that they are currently learning about.
6. Learn common roots, prefixes and suffixes to SUPER SIZE vocabulary knowledge. When you learn one word part, you'll begin to easily recognise many more words with the same word parts.
7. Interact with the words in some way. Draw their meaning. Act them out. Make them come alive so you'll remember them.
8. Try to find concrete examples of new words whenever possible to make meaning clearer.
9. Relate words to real life experiences. Make them meaningful and make connections with new vocabulary.
10. Read. A lot! Read all sorts of books, signs on the wall, directions, recipes... A wide variety of reading material will expose kids to a wide variety of new words.

### Big Write Photos



## WORD OF THE WEEK

So what's all the hype about [Word of the Week](#)? It comes down to the simplicity of the idea and more importantly the huge impact it can make in expanding vocabulary, as well as improving reading and writing.

### Term 3 Week 10:

#### Word of the Week for K-2:

**lively**

**Definition:** active and full of energy

**Example:** The monkey at the park was very playful and **lively**.

**Activity:** What other animals would you say behave **lively**?

### Term 4 Week 1:

#### Word of the Week for K-2

**petite**

**Definition:** small and dainty

**Example:** Cinderella found that she only had one **petite** glass shoe.

**Activity:** What other objects could you describe as **petite**?

### Term 3 Week 10:

#### Word of the Week for 3-6

**oblivious**

**Definition:** not conscious or aware of someone or something

**Similar words:** unaware, ignorant, unknowing

**Example:** Zac was completely **oblivious** to Evie creeping up behind him.

**Activity:** Can you think of a time when you were **oblivious** to something? What might make a person **oblivious** to what is going on around them?

### Term 4 Week 1:

#### Word of the Week for 3-6

**persevere**

**Definition:** to persist in anything undertaken in spite of difficulty or obstacles

**Similar words:** persist, endure, proceed

**Example:** Milly was determined to **persevere** in spite of failing the test on her first attempt.

**Activity:** Write about a time when you had to **persevere** with something that was difficult. Write a paragraph about why it is important to **persevere**.





**Ice Blocks for Sale!!** We are selling ice blocks for our Year 6 fundraiser every Monday for \$1. Thank-you for your support. The warmer weather is the perfect excuse to cool down with an ice-block.

## Nude Food Celebration Monday 14<sup>th</sup> September!

Thank you to our wonderful St Joseph's community for supporting our Nude Food Initiative. The Staff have been overwhelmed by the reduced plastic packaging around the school and the variety of healthy lunch snacks the children are packing.

Thank you again to our amazing P&F for supplying these fantastic prizes. Our winners from our Nude Food Raffle are as follows:

**T2 x Munchboxes:** Ava L- Year 3/4 and Kobe W- Year 2

**2 x 470mL Thermos food jars:** Audrey H- Year 1 and Cora P- Year 1







## Primary Gymnastics Photos



Warm regards,  
Mrs. Kathryn Hill  
Acting Co-ordinator



## BIRTHDAY CELEBRATIONS



Congratulations to the following children who celebrate their birthday this fortnight.

Alexander B- 18 <sup>th</sup> September	Sienna L- 22 <sup>nd</sup> September	Hugo M- 22 <sup>nd</sup> September
Finn D- 24 <sup>th</sup> September	Xanthia W- 25 <sup>th</sup> September	Isabella B- 28 <sup>th</sup> September
Isla E- 28 <sup>th</sup> September	Jack G- 29 <sup>th</sup> September	Zaha A- 30 <sup>th</sup> September
Evie H- 2 <sup>nd</sup> October	Mace J- 4 <sup>th</sup> October	Samuel R- 8 <sup>th</sup> October
Alannah M- 10 <sup>th</sup> October	Ebony G- 14 <sup>th</sup> October	

## REBEL CHARLESTOWN

Thanks to those families who link their Rebel member ship to our school. We receive 5% of sales which is converted back into purchase of sport resources for our students.

This month we received a voucher for **\$231.11** to spend!

St Josephs Primary School

proud partners of



**SUPPORT OUR SCHOOL**

Thanks to our partnership with  
**rebel Community Givebacks**

5% of what you spend at rebel comes back to us  
to spend on sports equipment and teamwear.



**rebel**

Simply link your **rebel active membership**  
to our club next time you shop at rebel

Not a member? Joining is free & easy. Ask instore for details.

# BOOK WEEK

Term 4, Week 2 - Curious Creatures Wild Minds



Book Week is in Week 2 (19-23 October), Term 4. The theme this year is 'Curious Creatures, Wild Minds'.

We will be continuing with our dress up day, which will occur on the Thursday during Book Week. The children are welcome to dress up as their favourite book character or within the theme of Book Week 2020. Book Fair will also run through Book Week. Due to Covid restrictions, we are unable to invite parents to the fair, but children will be able to purchase books as usual during their Hub sessions. Commission gratefully raised from the fair goes directly to the Hub book collection. There will be other activities throughout the week, which we will share with you in the newsletter after the events.



## BOOK WEEK VIDEO & PHOTO BOOTH

Each year a team of Stage 3 children design, film and edit a Book Week video. This is a big project and the end result is premiered during Book Week. They are currently well under way with their work on this. Saxon and Dom in Year 4 are currently running our Book Week Photo Booth for a display. They are doing a fabulous job!



## Book Week Competitions

The children are invited to participate in a number of fun Book Week competitions. They are completely voluntary. A list of choices follows this page. Four winners will be randomly selected to receive a free book from the Book Fair.

Competitions include:

- colouring in
- design your own book mark
- create your own comic strip
- create your own diorama

## CHILDREN'S BOOK COUNCIL OF AUSTRALIA



Each year the Children's Book Council of Australia publishes a short list of children's books they believe demonstrate quality literature. In the lead up to Book Week, the children will be exposed to the list and all the books in one specific category. The CBCA will announce the winning 'Books of the Year' from this list in Book Week. You will find the list at <https://cbca.org.au/shortlist-2020>.





# BOOK WEEK COMPETITIONS

**CHOOSE AN ACITIVTY  
BELOW TO WIN A BOOK  
FROM OUR BOOK FAIR!**

These competitions are completely voluntary,  
just for fun and are to be completed at home.

Try 1, try them all! All entries must be  
submitted by Wednesday 14th October!



## COLOURING COMPETITION

Colouring in competition:- Pick up your copy from the Hub. The  
winning entry will win a free book from the Book Fair.

## DESIGN A BOOKMARK

Design a Bookmark!- Students may use any form of craft media or materials,  
like drawing, decoupage, scrapbooking, painting, sewing etc - to create a  
bookmark based on the theme Curious Creatures Wild Minds. Please write  
your name and class somewhere on the back of your bookmark. the winning  
entry will win a free book of their choice from the Book Fair.

## MAKE A DIORAMA

Make a Diorama from your favourite creature book: Pick a book with a creature in  
it and design a diorama. Think outside the box! Use a jar, a hat, a suitcase, a book  
in a box or ?? .... The winning entry will win a free book of their choice from our  
Book Fair!

## CREATE YOUR OWN COMIC STRIP

Create your own Curious  
Creature Wild Minds Comic  
Strip: Students may use any  
form of drawing or  
technology. The Winning  
entry will win a free book of  
their choice from our Book  
Fair!



Made with PosterMyWall.com





It's fundraising time with

# YumboRama!

During September the gang at Yumbo will donate 15% of the value of all SJC deliveries back to our school. Their heat and eat meals are wonderful and they are local

Use this affiliate code on the checkout page when ordering.

## SJC2020

They deliver to all of Newcastle and have plenty of great family options so tell your friends! The more the merrier and the more we raise for our school.

Don't forget to include the affiliate code at the checkout but please refrain from using any coupon codes as these cannot be used in conjunction with the school fundraising programme

**[www.yumborama.com](http://www.yumborama.com)**



# St Joseph's Charlestown



## How to make easy everyday swaps

Making just one swap from a sometimes food or drink to an everyday option supports your child to learn in the classroom and play in the playground. Try some of these simple swaps below\*:

### SAVOURY SWAPS

#### SWAP FROM

These types of sometimes foods

Chips, crisps, pretzels, flavoured biscuits and crackers, cracker and cheese dips



#### SWAP TO

These types of everyday foods

Plain popcorn, rice crackers, vegetable based dips, corn or rice wheels/cakes, roasted fava beans or chickpeas, baked beans, boiled egg, reduced fat cheese, vegetable sticks, pumpkin or sunflower seeds, hummus, crispbreads or plain crackers



### SWEET SWAPS

#### SWAP FROM

These types of sometimes foods

Roll-ups, fruit sticks, breakfast based bars, muesli bars, chocolate bars, sweet biscuits, dairy desserts, cakes, muffins and slices



#### SWAP TO

These types of everyday foods

Fresh fruit in season, tinned fruit in natural juice, dried fruit (small amounts), high fibre breakfast cereals, fruit buns, raisin toast, pikelets, reduced fat plain or fruit yoghurt, reduced fat custard



\*The information provided in these guidelines may not meet individual health, nutritional or medical requirements and should only be used as a guide.

**Good for kids**  
good for life



**swop it**  
everyday in the lunchbox

## WHAT ABOUT DRINKS?

**SWAP FROM**  
These types of sometimes drinks



**SWAP TO**  
These types of everyday drinks



## How does our school support the packing of healthy lunchboxes?

St Joseph's supports the packing of healthy lunchboxes by:

- Providing information to new families at the Kinder orientation;
- Including information for parents in the newsletter and school mobile app;
- Modelling the eating of everyday foods by our staff;
- Providing student learning experiences targeting health and nutrition;
- Linking with reliable organisations to provide healthy lunchbox ideas and support;
- Supporting teacher learning in relation to health and nutrition;
- Ensuring that no child misses out on fruit, vegetables or lunch, the school will [insert strategy here e.g. 'supply lunch or a piece of fruit from the canteen consistent with the Australian Dietary Guidelines' or 'supply lunch or a piece of fruit from the school office that is consistent with the Australian Dietary Guidelines' or cut up and share the fruit and vegetables brought in amongst all class members or 'supply fruit/vege from the school vegie patch']
- <School to add extra strategies here>

For more information on Healthy Lunchboxes (including further ideas), visit [www.goodforkids.nsw.gov.au/SWAP-IT](http://www.goodforkids.nsw.gov.au/SWAP-IT)



## HOLIDAY CLINICS

**DATE:** 1/10/2020

**TIME:** 10.00am - 1.00pm

**AGE:** 5-12 years

**COST:** \$40

**WHERE:** Somerset Park Sporting Fields, Thornton



**LEAGUE  
STARS**



**GO4FUN<sup>®</sup>**  
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**FACE TO FACE PROGRAMS ARE ON HOLD**

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**GO4FUNONLINE.COM.AU**

**1800 780 900**



**Sign up  
now for  
Term 4!**

**Sessions  
start  
12th  
October  
2020**

**Its FREE!**