

DATES TO REMEMBER

WEEK 3

CANTEEN reopens

Tues 8th Feb

Thurs 10th Feb

Fri 11th Feb

PLACE ORDERS ON QKR

WEEK 4

Lakes Region Swim Carnival -Lambton Pool – Monday 14th Feb

SUBWAY LUNCH ORDERS -VIA QKR

Tuesday 12th Feb

Friday 25th Feb

Thursday 31st March

PUPIL FREE DAY

Monday 4th April



ALL STUDENTS Monday and Friday

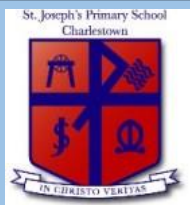
****Newsletter will be published on Monday fortnightly in odd weeks****

ALL UNIFORM ENQUIRIES:



ORDER VIA QKR APP

All enquiries to email: chl.uniformshop@mn



St Joey's News

'Truth in Christ'

St Joseph's Catholic Primary School,

32 Shelton Street, Charlestown NSW 2290

Ph 02 4943 5414 Fax 02 4942 3218

Email: admin@charlestown.catholic.edu.au



Week 3, Monday 7th February 2022



Dear Parents and Carers,

We enjoyed our first week back with our students last week and were so happy to welcome our beautiful Kindergarten students and their families to SJC, as well as 10 new students and families into various grades across the school.

The rain tested out our extensive holiday drainage works across the school and highlighted a couple of areas still in need of work. The beautiful new gardens enjoyed the drenching, and many children told me they love 'wet weather' playtimes where they get to play indoor games and use their courtyards for handball championships. Hopefully this week drier weather will see some of our other maintenance work finished, especially the retaining walls near the carpark and OOSH. Further drainage works near the OOSH and canteen are also planned.



We have changed the day for newsletter publication, which will now be Monday fortnightly. Please keep up to date with school information via this publication and regular notifications on Compass.

Each year our staff work on goals set in our annual **Strategic Improvement Plan** which aims to keep St Joseph's always improving and growing. The last few years have seen much professional learning for staff in the areas of teaching writing and spelling. These goals, learnt strategies and improved pedagogy will continue as part of our daily work. But this year we shift our focus on to the following areas: **Catholic Faith Formation, Mathematics and Wellbeing**. We have booked some key professional learning in the area of teaching Mathematics, with Professor Catherine Attard from Western Sydney University and also Mathematics Consultant Anita Chinn. Staff will participate in planned professional learning and formation

opportunities throughout the year. Our Maths Professional Learning will consist of weekly webinars and also a whole day **Pupil Free Day on Monday the 4th April**. Please note this in your diaries.

We will also be introducing some mindfulness practices in our classrooms using a program called **Head and Hearts** to help our students learn skills to enhance mental health and wellbeing. It will encompass Christian meditation, exploring the benefits of using gratitude, empathy and kindness in our daily lives.

Our work with the **Leading Learning Collaborative (LLC)** Diocesan wide initiative with Lyn Sharratt will be continuing as well with our focus on the Case Management approach to student learning, using data and quality assessment to inform teaching and shared beliefs to enhance teacher capacity and improve student outcomes. Please read your class weekly learning plans to keep informed as to what our students are learning and how you can support your children at home.

Home – School partnerships play an important part in our daily work. The use of the class SEESAW app is to help parents feel connected to the classroom and confident in talking to their children about their learning. We plan to host a Welcome BBQ and Parent Teacher meetings later in the term where we will have an opportunity to meet face to face. As the term progresses if you have any concerns, please contact your child's teacher and book in a time to meet or call. Each newsletter we will share our Meet the Teacher posters. This week's team is our Stage 3 teaching team, Year 5 and 6. Read the teacher profiles below and get to know our wonderful staff.







Our **P&F Committee** will meet each first Monday of the month during Term 1. Please note this is a change to the second Monday of the month. Our first meeting will hopefully be face to face on Monday the 7th March, 6:30pm in the staffroom. Then our AGM will be on Monday 4th April. All parents are welcome to attend and to join this great group of volunteers. These parents look after our canteen and uniform shop and organise various events including fundraisers throughout the year. If you don't fancy attending meetings you can still be involved by volunteering for one of the teams. One day a month on canteen or in the uniform shop all helps to share the load. Please contact the school if you would like to assist and request a Volunteers Handbook and fill in the required forms. All volunteers need to be fully vaccinated and have a current Working With Children Check.

Thank you to those families who ordered from **YUMBORAMA** over the Christmas break. The school received 15% of sales. This is an easy and delicious way to order premade home delivered meals that you just heat up. We will keep the link open for future orders so we can continue to receive the benefits.

Please see <https://www.yumborama.com/> and use the code **SJC2022** at the checkout.

COVID positive cases

What happens when there is a positive RAT test result and what are you required to do?

-  First thing to do is not panic. There are going to be plenty of cases and numbers may rise in coming days and weeks.
-  If your child tests positive to a Rapid Antigen Test then you should immediately isolate along with everyone else in the household.
-  You should notify the school and also log the positive result in the Service NSW app or online at www.service.nsw.gov.au **NOTE:** negative tests are not required to be sent to school with your child, nor are they required to be logged on the Service NSW app.
-  You should isolate for 7 days and all other household contacts should do a RAT or PCR test on day 6 and if those results are negative you can leave isolation on day 7 as per advice from NSW Health.
-  If you are notified by your child's school that a student or staff member or member of the school community has tested positive, you should monitor your child for symptoms and if they feel unwell, immediately test them and keep them home from school.
-  If symptoms continue, they should stay at home and take another RAT test in 24 hours or have a PCR test. If the second RAT or initial PCR test result is negative, or another diagnosis is confirmed such as hay fever, they can return to school.

- ✚ It is recommended that students who return to school after recovering from COVID-19 do not participate in rapid antigen test surveillance for 28 days (four weeks after recovery) following release from self-isolation. This is due to NSW Health advice that people who have recovered from COVID-19 have a low risk of contracting it again in the following 28 days. After 28 days (from week five after recovery) staff and students may resume participation in RAT surveillance.

RAHT tests SECOND DELIVERY & Pick up

We are expecting to receive our second delivery of RAHT kits this week. We will be handing them out from the turning circle in Shelton St. on Wednesday and Thursday morning from 8:20am-9am. Please ensure you collect 4 per student and get your name marked off. If you are dropping your children to OOSH on those mornings Taylor or Beth will issue your tests. Please continue to test your children on Monday and Wednesday mornings before school and follow the NSW Health Guidelines.



God, for the prayers of our hearts, spoken and unspoken, we come to you. Surround us with love. Fill us with compassion. Shower our world with patience and kindness in a most uncertain time.

Our deepest sympathy is extended to the Gibbons family (Matilda and Madelyn) on the sudden loss of their beloved grandmother, Sarah's mum. And also, to the Adams (Marcus) family on the sudden loss of Laura's dear mother.

We also offer our love, prayers and support to Kim Biddleston, Ivy and Summer's mum, facing illness at this time.

Please keep these families in your prayers.

CANTEEN

Our canteen will reopen on Tuesdays, Thursday and Fridays starting tomorrow Tuesday 8th Feb. Thank you to our wonderful team of volunteers for making this possible.

Please place orders via QKR. Lunch orders only - no over the counter sales for the first few weeks.

We will also have 3 SUBWAY lunch order days this term to support the canteen when rostering of volunteers is not possible. If you would like to order these days please use the QKR app.

Tuesday 15th Feb, Friday 25th Feb and Thursday 31st March

REGIONAL SWIMMING CARNIVAL

Congratulations to our swim team representing St Joseph's at the Lakes Region Carnival, on Monday 14th Feb at Lambton Pool. Names were posted on Compass. Please return any notes and pay the entry fee via the QKR app ASAP.

SAFER INTERNET DAY – TUESDAY 8th Feb

We will be promoting Safer Internet Day in our classrooms this week. Parents can go online for helpful resources to also promote safe and respectful internet usage with children.

- Parents/carers: <https://www.esafety.gov.au/parents>

God bless,

Kate Drake

Principal

NEWS FROM THE ASSISTANT PRINCIPAL



A focus on Learning, Collaboration & Improving Student Outcomes

Dear Parents and Carers,

Welcome to 2022! I hope that everyone managed some down time during January to re-charge their batteries. So here we are again starting another school year, with lots of fun learning ahead.

The children have returned to school excited and eager to engage academically and socially. On my visits to classes, all students are demonstrating a very positive approach to their learning, willing to meet the challenges ahead and be the best learner they can be.

Looking forward to positive year full of learning and growth for all our beautiful students.

With every best wish,

Nikki Norley
Assistant Principal

NEWS FROM THE RELIGIOUS COORDINATOR

Creator God,

You reveal your love in all of creation.

Help us to be more aware of your presence

and more attentive to your wonder:

In the warmth of the sun,

In the colours of our landscapes,

In the songs of the birds,

In the smile of a friend.

Generous God,

You know and love each one of us.

Let our hearts overflow with gratitude

For every blessing and gift.

Open our hearts to your plan for us

So that we may become people

Who are fully alive

In your amazing grace.

Amen.



We begin the year with immense gratitude for the opportunity to share and learn together. Despite challenges, learning together each day is a blessing.



Enrolments for the 2022 Sacramental Program

Enrolments are now open for baptised Catholics in years 4 to 6 who wish to participate in this year's Sacramental Program. The program will be commencing in March with a Parent Information meeting on:

Wednesday 2 March 7pm at

St Mary Immaculate Catholic Church

11 Milson Street Charlestown

Please register as soon as possible with the Parish office on **4943 4153**.

Many Blessings

Clare Paff

NEWS FROM THE PRIMARY COORDINATOR

WELCOME KINDER 2022

It was fantastic to welcome our new Kinder students to SJC last week.

Families were able to celebrate this special day with their child, and the students were so engaged and joyful as they engaged with the many play experiences in the Kinder space. Our Year 6 buddies were amazing and such beautiful role models for our youngest students. Well done Kinder and welcome to our wonderful school!



THANK YOU!!

Our Kinder space was enhanced by the addition of some lovely dramatic play furniture last week. When the Kinder teachers opened the boxes and saw the flat pack instructions, we knew we were out of our depth! After putting out an SOS for help, we received wonderful offers from our community. Brendan McCarthy (father of Grace in Year 1) was first in, collected the boxes, put the furniture together that night and delivered them in the rain so that Kinder could enjoy the furniture on their first day! Thank you so much Brendan for your time and efforts with this job. We are so grateful and Kinder just love them!



PBL and WELLBEING

At St Joseph's an integral part of our Pastoral Care and Wellbeing policy is our Positive Behaviour for Learning (PBL). We strive to promote and encourage positive behaviours across the school as research demonstrates that positive behaviours enhance fulfilling and optimum learning experiences for all!



At St Joseph's our PBL framework ensures all students are explicitly taught the expected behaviours and establishes clear and consistent boundaries. Staff take a proactive, preventative approach to ensure all students receive the appropriate level of support to help them to be successful at school.

PBL in 2022

This year we will be encouraging each student to set personal Joey level goals that they can work towards. A new award card will be given when students achieve the Joey level.

We have also looked at the responses from the Tell Them from Me survey as a staff and have discussed ways we can address some issues mentioned in the comments. Overall, there was very positive support for our PBL

approach and we look forward to another year of **S**triving High, Living like

Jesus and **C**aring for our Environment.



WELLBEING



This year we are making the incorporation of **Mindfulness** practices and methods one of our school goals. Just as we teach our children to pay attention to their spiritual and physical health, we also know that it is equally important that we support our students in understanding and developing strategies that support their mental wellbeing.

"Mindfulness is to pay attention, on purpose, to the present moment."

LAURE GROSSMAN



One of these strategies (and a focus for us in 2022) is the use of mindfulness, meditation and heartfulness (empathy, gratitude and kindness) practices each day. In 2021 staff participated in some professional learning in this area and as well as what we will be doing with the students, we will also share some ideas with our families.

What is Mindfulness?

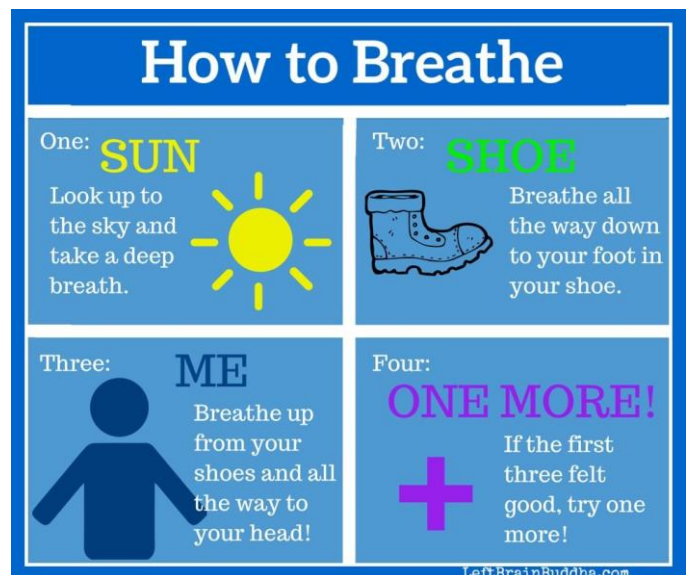
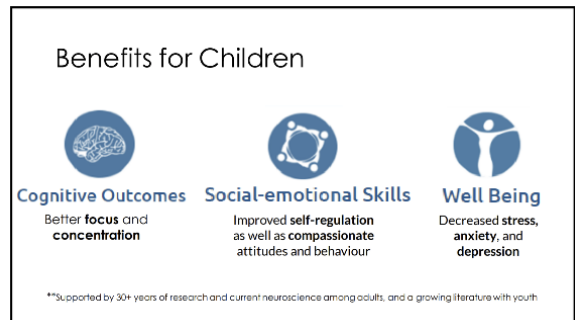
Mindfulness means being aware of the present moment and noticing our thoughts, feelings, bodily sensations or surrounding environment, in that moment in an open non-judgmental way.

Why Mindfulness?

There are numerous benefits to focusing on our mental wellbeing with mindfulness practices including:

Mindfulness Strategies for Home- Mindful Breathing

When you need everyone to come back to be just in the moment you might like to try this. Kinder love FIVE FINGER breathing but we know it by its other name STARFISH BREATHING.



At SJC we always remember our...



Have a wonderful week!

Karen Nolan

Primary Coordinator

LEARNING HUB BORROWING

Borrowing Has Started!

Borrowing has started with all classes. Please ensure ALL children bring their Hub bags every week on the day below. Their HUB bags are important, as they will be using their books in class and to take home.

Learning Hub Timetable 2022

MONDAY: Kindergarten & 5/6 Blue

TUESDAY: 3/4 Blue, 5/6 White, 3 Red, 1 Red

WEDNESDAY: 4 Red, 5/6 Red, 1 Blue, 2 Red

From the Learning Hub
Book Club catalogues
were sent home this
week.

**Closing date for orders
is 18th February.**

The LOOP app is the easiest way to place your order. The instructions are below.

Book Club LOOP
The EASIEST way for parents to order and pay for Book Club!

Parents: Are you registered for LOOP?
LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for LOOP receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!

BONUS!

Head to [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP) and register today!





<https://www.scholastic.com.au/book-club/book-club-Parents/>

MEET THE TEACHER

Meet your Teacher for 2022!

Issac Fox

Year 5/6 Red

Teaching Experience & Education

I can't wait to get stuck in to a new year at a new school. I have previously taught Year 3 at St Patrick's Swansea and various other grades across the diocese as a casual. I really enjoy the inquisitive energy of the Stage 3 classroom.

I enjoy teaching all KLAs, especially those that facilitate collaboration and investigation.

Before becoming a teacher in 2020, I was an Early Childhood educator for 2 years while studying my bachelor of education. I studied this at Swinburne University in Melbourne.



Class Goals for 2021

My goal for the year is to learn, have fun and get to know the students in Stage 3 and across St Joseph's. I believe students work best in a supportive environment. I hope to provide this environment and help the students grow socially and academically.

About Me

I grew up in Newcastle before moving to Melbourne for 6 years. Covid brought me back and I couldn't be happier. I connect with my environments best when close to a beach and nature.

I love to swim, spend time outdoors and jump on the couch with a book or a game.

Contact Information: issac.fox@mn.catholic.edu.au

MEET THE TEACHER

Meet The Teacher 2022

Kathryn Hill

5/6 Blue

Teaching Experience & Education

I completed a bachelor of Arts Bachelor of Teaching Degree with Honors at Newcastle University. I have been teaching since 2003. I have been teaching at St Joseph's since 2014.

I am thrilled to be your child's teacher this year! I am very excited about all that our Stage 3 team has to offer and can't wait to watch your child learn and grow each day!

This year I will be the Pedagogical mentor and Mrs Jane Yarrow will be my teaching partner.



Class Goals for 2022

I believe the key to a successful year is open communication between home and school. Please feel free to email me or call me regarding any concerns, queries or needs. I am happy to help support your child and family as best as I can.

My core goal is that all the students in my class grow- educationally, within themselves (self belief) and as a person.

About Me

I have 3 children (Ella- Year 8, Sophie- Year 7 and Daniel- Year 5) and a husband Shannon.

In my free time, I enjoy playing basketball, walking reading, board games, running my kids to sport and planning trips away.

Contact Information: kathryn.hill@mn.catholic.edu.au

MEET THE TEACHER

Meet your teacher for 2022!

Jane Yarrow

Year 5/6 Blue

Teaching Experience & Education

I completed a Bachelor of Teaching with Distinction at the University of Newcastle and have been teaching for 2 years. Since graduating I have taught at various schools across the Maitland Newcastle Diocese and currently job share at St. John's Lambton on Year 5. I will also be teaching partner with Mrs Kathryn Hill for Term 1.

I really enjoy teaching Stage 3 where I can build relationships with students and develop their sense of identity as a motivated and capable student. Prior to my teaching career I was a classical ballerina in Europe, pilates instructor and Financial planner.



Class Goals for 2022

My main goal is to encourage and support all students in my class to grow academically as well as socially and emotionally. My aim is to develop their love for learning to set them up for a happy and successful life journey.

About Me

I have two children – Jenna (Year 6) and Jack (Year 2) and a husband Kent.

In my free time I love going to the beach, catching up with family and watching my kids play sport.

Contact Information: jane.yarrow@mn.catholic.edu.au

MEET THE TEACHER

Natalie Davis

**5/6 White
2022**

Teaching Experience & Education

I have been teaching for 24 years, 21 of which have been at St. Joseph's, Charlestown. Previous to this, I taught at St James Muswellbrook. During this time, I have mainly taught Stage 3 and Stage 2 classes. This year, I am teaching 5/6 White on Mondays, Tuesdays, Wednesdays and Fridays.

I have a Bachelor of Education from Newcastle University and have completed the NSW Certificate of Religious Education



Class Goals for 2022

I am passionate about children's mental health and therefore my goals remain the same every year. I want children to love coming to school as it is a safe, fun and nurturing environment where they feel calm, respected and able to thrive. I look forward to making strong connections with my students and their families based on mutual respect, kindness and gratitude.

About Me

My favourite things to do are water skiing, snow skiing, reading, meditating and spending time at the beach with my family.

I have two children, both of which are in high school and a gorgeous dog called Eddie.

Contact Information: natalie.davis@mn.catholic.edu.au

MEET THE TEACHER

Meet your Teacher for 2022!

Mrs Emma McGlynn

Year 4 Red – Tuesday

Year 5/6 White - Thursday

Teaching Experience & Education

I am looking forward to teaching and learning with Year 4 and 5/6 this year. I have been at St Joseph's for 9 years and teaching for over 13 years.

I am excited to be back teaching Primary after being with infants last year. I enjoy teaching mathematics and seeing budding mathematicians evolve.

My qualifications include: Bachelor of Teaching/Bachelor of Arts, Graduate Certificate of Religious Education and Graduate Certificate of Primary Mathematics.



Class Goals for 2022

I love teaching and seeing every child achieve their potential whilst having lots of fun along the way!

My class goal for 2022 is for myself and my students to learn together, grow together and have fun together!

About Me

My husband and I have 3 beautiful children (8, 5 and 1 years old) and a fur-baby!

We love going to the beach, going camping and exploring new places.

I'm looking forward to a year of netball, football games and getting out and about!

Contact Information: emma.mcglynn@mn.catholic.edu.au

#Play it Fair Online

Through simple actions like being safe, respectful and kind
we can all #PlayitFairOnline

Be respectful

Consider others when you are online. There is no place for abuse, hate or discrimination in any aspect of life.



Be kind

Be a positive role model. Treat people with kindness, respect and understanding online.



Be resilient

Don't let a bad experience online get you down. Stay strong and get the right support, so you can bounce back as soon you're ready.



Be prepared to ask for help

Everyone needs support. Reach out to friends, family and eSafety if something goes wrong online.



Be safe

To stay happy and healthy, avoid situations that pose risks to yourself or others online.



Be responsible

Respect others online. Think how your actions might affect other people.



Be an upstander

You can help others when they experience abuse online by showing support and speaking up - if it's safe to do so.



To get advice and support or make a report go to esafety.gov.au



esafety.gov.au

KIDS LOVE DRAMA PARENTS LOVE THE RESULTS!



NOW TAKING ENROLMENTS FOR TERM 1 2022

**Our DRAMA
classes promote:**

- Self-Esteem**
- Confidence**
- Resilience**
- Communication**
- Acting Skills**

**Charlestown Primary
Friday
4:15pm - 5:15pm**

**Contact Shane
T: 02 4969 2338
M: 0408 425 659**

E: dramacorp@bigpond.com

USE YOUR \$100 CREATIVE KIDS VOUCHER!



DUDLEY - REDHEAD J.R.L.F.C.
The Mighty Magpies

2022 Registrations are open!

It's time to register to secure your spot for this season. All returning and new players are welcome to register ASAP!

As of January 1st the 2022 Active Kids Vouchers now redeemable reducing fees for Under 6's and Under 7's to \$0!!! All remaining ages groups will be \$50 if using the voucher. This includes all registration, full uniform and training uniform.

To register go to playrugbyleague.com

Registration assist days will be held Sunday 13th and 27th February between 2-4pm.

Ark,Ark,Ark,
The DRJRLFC Committee
